

IRON YOU'LL ACTUALLY TAKE



#1 prescribed FDA-approved branded oral iron treatment for adults, and **first and only FDA-approved oral iron for children 10 years of age and older**

ACCRUFer (ferric maltol) is indicated for the treatment of iron deficiency in adults and pediatric patients 10 years of age and older.

IMPORTANT SAFETY INFORMATION

Do not take ACCRUFer if you are allergic to ferric maltol or any of the ingredients in ACCRUFer; have any illness that causes you to store too much iron in your body or if you have a problem with how your body uses iron; are receiving repeated blood transfusions.

Please see Important Safety Information throughout this brochure and full Prescribing Information about ACCRUFer on the last two pages.

ARE YOU **IRON** DEFICIENT?

Iron is essential to a healthy body

- Our bodies use iron to make hemoglobin, a protein in red blood cells that carries oxygen from the lungs to all parts of the body, including our immune system, muscles, and brain.
- Left untreated, ID and IDA can lead to serious health problems.

Common symptoms of iron deficiency (ID) and iron and anemia due to iron deficiency (IDA) include:

- Fatigue
- Headache
- Dizziness
- Restless leg syndrome
- Irritability
- Poor concentration or memory
- Hair loss
- Cold hands and feet
- Pale, dry, or rough skin
- Trouble breathing
- Chest pain
- Prolonged post-exercise recovery



IMPORTANT SAFETY INFORMATION (cont.)

Before you take ACCRUFer, tell your doctor about all your medical conditions, including if you have inflammatory bowel disease (IBD); are pregnant or plan to become pregnant (it is not known if ACCRUFer will harm your unborn baby; talk to your doctor if you are pregnant or plan to become pregnant); are breastfeeding or plan to breastfeed (it is not known if ACCRUFer passes into your breast milk); talk to your doctor about the best way to feed your baby if you take ACCRUFer.

WHO IS MOST AT RISK FOR ID OR IDA?

ID and IDA can happen when:



You have an inflammatory condition that is making it difficult for your body to absorb iron (e.g., Crohn's disease, diabetes, ckd).



Your body is losing iron through blood (e.g., heavy periods).



Your body needs a lot of iron (e.g., pregnancy, athletes, periods of growth).



Your diet doesn't provide enough iron (e.g., some vegan or vegetarian diets).

Nearly 40% of U.S. females ages 12–21 are affected by ID

On average, females only have enough stored iron for about six months than males, while men have enough for about three years.

IMPORTANT SAFETY INFORMATION (cont.)

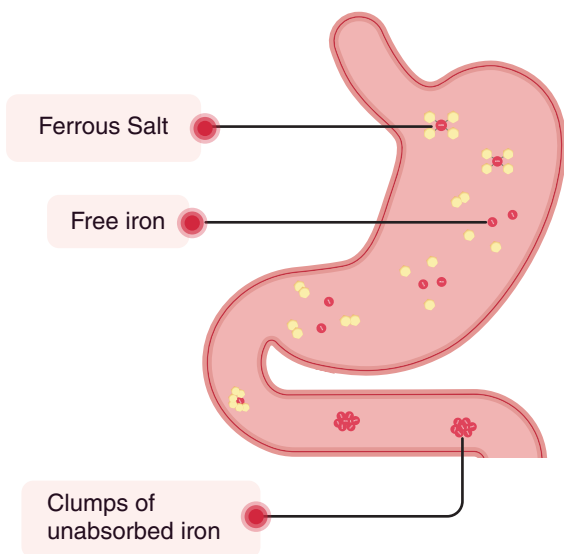
Tell your doctor about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Taking ACCRUFER and certain other medicines may interact, which could potentially cause serious side effects. You may need to take ACCRUFER at least 4 hours before or 4 hours after you take certain medicines. Ask your healthcare provider for a list of these medicines if you are not sure if you take one of these medicines.

IRON DEFICIENCY CAN SIGNIFICANTLY WORSEN HEALTH OUTCOMES

- There are a variety of over-the-counter oral iron supplements, but none are FDA-approved.

Common oral iron supplements breakdown in the stomach, which often leads to irritation, poor absorption and gastrointestinal upset.

- Constipation
- Loss of appetite
- Stomach cramps Nausea
- Heartburn
- Diarrhea
- Discolored stools
- Gas



Scan the QR code to learn more

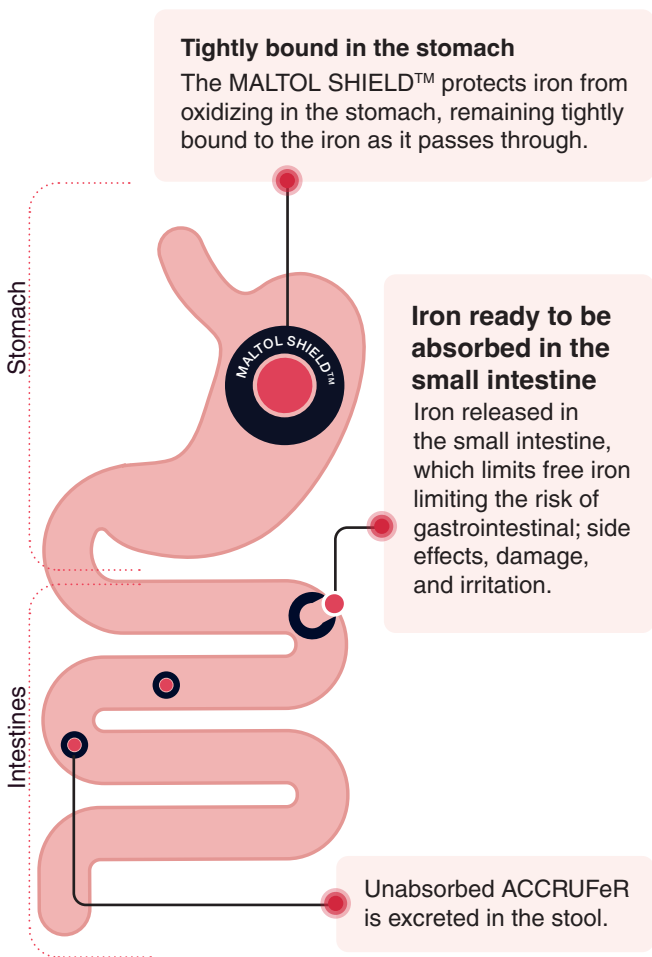
IMPORTANT SAFETY INFORMATION (cont.)

Especially tell your healthcare provider if you take:

- Dimercaprol
- Other oral iron tablets or health supplements containing iron

Ask your healthcare provider if you are not sure if you take one of these medicines. Know the medicines you take. Keep a list of them to show to your healthcare provider and pharmacist when you get a new medicine.

ACCRUF_eR'S PATENTED **MALTOL SHIELD™** REDUCES THE RISK OF GI SIDE EFFECTS



IMPORTANT SAFETY INFORMATION (cont.)

What are the possible side effects of ACCRUF_eR?

ACCRUF_eR may cause serious side effects including:

- **Increased risk of inflammatory bowel disease (IBD) flare.** You should avoid taking ACCRUF_eR if you have IBD and are experiencing a flare
- **Too much iron stored in your body (iron overload).** Your healthcare provider should check the iron level in your blood before you start treatment with ACCRUF_eR

ACCRUF_eR ACHIEVED FDA APPROVAL BASED ON THREE CLINICAL STUDIES

ACCRUF_eR was studied in multiple clinical trials that measured indicators of iron levels such as **hemoglobin**, and **ferritin** (iron stores), which is important especially in women, since women store only 6 months of iron.

ACCRUF_eR RAPIDLY RETURNED HEMOGLOBIN LEVELS TO NORMAL



BY WEEK 4

one-third of people taking ACCRUF_eR had normal hemoglobin levels



BY WEEK 12

three-quarters of people taking ACCRUF_eR had normal hemoglobin levels



IMPORTANT SAFETY INFORMATION (cont.)

- **Risk of overdose in children due to accidental swallowing.** Accidental overdose of iron-containing products is a leading cause of death from poisoning in children under 6. Keep ACCRUF_eR in a safe place and out of the reach of children

The most common side effects of ACCRUF_eR include gas, diarrhea, constipation, discolored stools, stomach pain, nausea, vomiting, and stomach area discomfort or bloating. These are not all the possible side effects of ACCRUF_eR. For more information, ask your doctor or pharmacist.

ONE 30 MG, GLUTEN-FREE CAPSULE, TWICE A DAY



Thanks to its MALTOL SHIELD™, ACCRUFer does not need to be taken with stool softeners or vitamin C

How should you take ACCRUFer?

- Take ACCRUFer exactly as your doctor tells you. Tell your doctor about any medical conditions and medicines that you currently take, including over-the-counter medications, vitamins, and herbal supplements.
- Take ACCRUFer twice a day on an empty stomach. At least 1 hour before or 2 hours after a meal.
- Swallow capsules whole. Do not open, break, or chew the capsules.

Please review the Patient Information section at the end of this brochure for more information.

IMPORTANT SAFETY INFORMATION (cont.)

Call your doctor for medical advice about side effects.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit MedWatch at www.fda.gov/medwatch or call **1-800-FDA-1088**.

Please see full **Prescribing Information** about ACCRUFer.

Patient Information
ACCRUFER® (ak-roo-fer)
(ferric maltol)
capsules

What is ACCRUFER?

ACCRUFER is a prescription medicine used in adults and children 10 years of age and older to treat low iron stores in your body. It is not known if ACCRUFER is safe and effective in children under 10 years of age.

Do not take ACCRUFER if you:

- are allergic to ferric maltol or any of the ingredients in ACCRUFER. See the end of this leaflet for a complete list of ingredients in ACCRUFER.
- have any illness that causes you to store too much iron in your body or if you have a problem with how your body uses iron.
- are receiving repeated blood transfusions.

Before taking ACCRUFER, tell your healthcare provider about all your medical conditions, including if you:

- have inflammatory bowel disease (IBD).
- are pregnant or plan to become pregnant. It is not known if ACCRUFER will harm your unborn baby.
- are breastfeeding or plan to breastfeed. It is not known if ACCRUFER passes into your breast milk and may harm your baby. Talk to your healthcare provider about the best way to feed your baby during treatment with ACCRUFER.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

Taking ACCRUFER with certain other medicines may affect each other causing serious side effects.

You may need to take ACCRUFER at least 4 hours before or 4 hours after you take certain medicines. Ask your healthcare provider for a list of these medicines if you are not sure if you take one of these medicines.

Especially tell your healthcare provider if you take:

- dimercaprol
- other oral iron tablets or health supplements containing iron

Ask your healthcare provider if you are not sure if you take one of these medicines.

Know the medicines you take. Keep a list of them to show to your healthcare provider and pharmacist when you get a new medicine.

How should I take ACCRUFER?

- Take ACCRUFER exactly as your healthcare provider tells you to.
- Take ACCRUFER 2 times a day on an empty stomach 1 hour before or 2 hours after meals.
- Swallow ACCRUFER capsules whole. **Do not** open, break, or chew ACCRUFER capsules.

In case of accidental overdose, call your healthcare provider or Poison Help line at 1-800-222-1222 or go to the nearest hospital emergency room right away.

What are the possible side effects of ACCRUFER?

ACCRUFER may cause serious side effects, including:

- **Increased risk of inflammatory bowel disease (IBD) flare.** You

should avoid taking ACCRUFER if you have inflammatory bowel disease (IBD) and are experiencing a flare.

- **Too much iron stored in your body (iron overload).** Your healthcare provider should check the iron level in your blood before you start and during treatment with ACCRUFER.
- **Risk of overdose in children due to accidental swallowing.** Accidental overdose of iron-containing products is a leading cause of death from poisoning in children under 6. Keep ACCRUFER in a safe place and out of the reach of children.

The most common side effects of ACCRUFER include:

- gas
- constipation
- stomach pain
- vomiting
- diarrhea
- discolored stools
- nausea
- stomach area discomfort or bloating

These are not all the possible side effects of ACCRUFER.

Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

How should I store ACCRUFER?

- Store ACCRUFER at room temperature between 68°F to 77°F (20°C to 25°C).
- ACCRUFER comes in a child-resistant bottle

Keep ACCRUFER and all medicines out of reach of children.

General information about the safe and effective use of ACCRUFER.

Medicines are sometimes prescribed for purposes other than those listed in a Patient Information leaflet. Do not use ACCRUFER for a condition for which it was not prescribed. Do not give ACCRUFER to other people, even if they have the same symptoms that you have. It may harm them. You can ask your healthcare provider or pharmacist for information about ACCRUFER that is written for health professionals.

What are the ingredients in ACCRUFER?

Active ingredient: ferric maltol

Inactive ingredients:

Capsule: colloidal anhydrous silica, crospovidone (Type A), lactose monohydrate, magnesium stearate, sodium lauryl sulfate

Capsule Shell: FD&C Blue No. 1 FD&C Red No. 40, FD&C Yellow 6, hypromellose, titanium dioxide.

Ink: Shellac, ammonium hydroxide, ethanol, iron oxide black, propylene glycol

Distributed by Shield Therapeutics Inc, 7-57 Wells Avenue Newton, MA, 02459

US Patents 7459569, 9248148, 9802973, 10179120

This Patient Information has been approved by the U.S. Food and Drug Administration.

Revised: December 2025



ASK YOUR HEALTHCARE PROVIDER FOR **ACCRUF_eR**

MULTIPLE WAYS TO **SAVE**

ACCRUF_eR Savings Program (co-pay card)

You may be eligible to receive ACCRUF_eR for \$0* at your local pharmacy.

Blink Rx Pharmacy

Get ACCRUF_eR delivered straight to your door, at the lowest price possible.

Need help with BlinkRx?

844-926-2480

Support Hours

Monday - Friday 8 a.m. ñ 9 p.m. ET
Saturday 9 a.m. ñ 5 p.m. ET



Scan the QR code to learn more



ACCRUF_eR is a registered trademark of the Shield group of companies.
MALTOL SHIELD is a trademark of the Shield group of companies.
© 2026 Shield Therapeutics Inc. All Rights Reserved.
ACC-US-00495 V2 (04/2026)

